

Department:

Sociology

Course Description:

This course will examine the use and misuse of drugs and alcohol. The course will cover the biological and psychological effects of drug and alcohol use, the social and legal impact of substance abuse, and the challenges and issues faced by family members. Personal values and beliefs regarding substance use and misuse, current trends, and methods of prevention, intervention, and recovery will also be examined in this course.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Summarize past and current social policies and legislation related to substance use.
2. Describe the social impact of substance use on families, society, and the health care system.
3. Describe how contributing factors and influences, such as genetics, family, environment, and culture play a role in substance use.
4. Describe the use, abuse, and treatment of stimulants, depressants, narcotics, marijuana, opioids, inhalants, and hallucinogens.
5. Identify the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5) criteria for substance abuse disorders.
6. Describe co-occurring mental health disorders and explain the risks associated with transient relief through substance use.
7. Describe and evaluate various prevention and recovery approaches.

Course Content:

- A. Introduction to Substance Use
 1. Scope of the Problem
 2. Historical and Current Legislation and Perspectives
 3. Social Impact
- B. Understanding Addiction
 1. Terminology
 2. Genetic Influences
 3. Environmental Influences
 4. Cultural Influences
 5. Co-dependency and Enabling
- C. Chemical Dependency
 1. DSM-5 Criteria
 2. Co-Occurring Disorders
- D. Substance Use, Abuse, and Treatment
 1. Stimulants
 2. Depressants
 3. Narcotics

4. Marijuana
 5. Opioids
 6. Inhalants
 7. Hallucinogens
- E. Prevention and Relapse Models — Community Response

Learning Assessments:

Course competencies will be assessed by quizzes, written assignments, group work, oral reports, exams, research assignments, and reflection papers.

Instructional Materials:

Textbook: Doweiko, H. (2015). *Concepts of Chemical Dependency* (9th ed.). Boston, MA: Cengage Learning. ISBN-13: 978-1285457178

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the “Disabilities Self-Identification Form” on our [Disability Services website](#).

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.

A Note on Harassment, Discrimination and Sexual Misconduct

Highland Community College seeks to assure all community members learn and work in a welcoming and inclusive environment. Title VII, Title IX, and College policy prohibit harassment, discrimination and sexual misconduct. Highland Community College encourages anyone experiencing harassment, discrimination or sexual misconduct to talk to report to the Vice President for Student Services, the Human Resources Director or complete an [online report](#) about what happened so that they can get the support they need and Highland Community College can respond appropriately.

There are both confidential and non-confidential resources and reporting options available to you. Highland Community College is legally obligated to respond to reports of sexual misconduct, and therefore we cannot guarantee the confidentiality of a report, unless made to a confidential resource. Responses may vary from support services to formal investigations. As a faculty member, I am required to report incidents of sexual misconduct and thus cannot guarantee confidentiality. I must provide our Title IX coordinator with relevant details such as the names of those involved in the incident. For more information about policies and resources or reporting options, please review our [Equity Grievance Policy](#).