

### Department:

Physical Education

### Program Description:

Physical Education is a transfer program primarily for students pursuing a career in teaching physical education in elementary or high schools. This curriculum is suggested for those intending to complete an associate in arts degree at HCC and then transfer to another institution to pursue a bachelor's degree.

### Suggested Courses:

#### Basic Skills (15 credits)

ENG 101	College English I
ENG 102	College English II
SP 106	Public Speaking
MAT 104	College Algebra
PE 139	Lifetime Fitness
COL 103	College Success and Orientation
	Computer Literacy Elective*

#### Humanities and Fine Arts (9 credits)

Electives\*

#### Social and Behavioral Sciences (9 credits)

PSY 101	General Psychology
SOC 101	General Sociology
	Elective*

#### Natural and Physical Sciences (9 credits)

BS 104	Human Anatomy
BS 105	Human Physiology
	Physical Science Elective*

#### Program Electives (21 credits)

ED 101	Pre-professional Lab I
ED 110	Introduction to Education
PE 109	PE for Elementary Teachers
PE 110	Rules and Officiating
PE 111	History and Principles of PE
PE 112	Personal and Community Health
PE 113	First Aid and Safety
PE 123	Introduction to PE
PE 125	Introduction to Recreation
PE 224	Care and Prevention of Athletic Injuries
PE 250	Exercise Physiology
	Theory of Coaching Elective

To see a course description and syllabus, click [here](#).

To search for a class to see when it is scheduled, click [here](#).

\*See Degree Planning Sheet for [Associate in Arts](#).

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