

Department:

Physical Education

Course Description:

This course will cover the history, rules, fundamental techniques, proper use of the clubs, and courtesies of the game of golf.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Describe and give a brief history of the game of golf.
2. Use proper technique through the entire golf swing (grip, backswing, downswing, and follow through).
3. Define and explain common terms and rules used in golf.
4. Effectively hit the ball from the tee to the fairway and then to the green using different clubs and strategies.
5. Putt effectively and efficiently by reading the slope, probable break, and speed of individual greens.
6. Show improvement in golf swing technique and striking the ball.
7. Use appropriate strategy when hitting with different clubs for different types of shots during a 9-hole match.
8. Use proper golf etiquette on the course during a 9-hole match.
9. Score a round of golf properly for all players.
10. Complete a 9-hole round of golf that incorporates strategy, etiquette, scoring, and course management while maintaining a steady pace of play.

Course Content:

- A. Rules and etiquette
 1. Terminology
 2. Scoring
 3. Course etiquette
- B. Golf equipment
- C. Swinging the club and striking the ball
- D. The art of different shots
- E. Golf games
 1. Longest drive
 2. Closest to hole
 3. Hit the target
- F. Accuracy, consistency, and final lessons

Learning Assessments:

Course competencies will be assessed by use of written exams, skill tests, class discussion, attendance, and participation.

Instructional Materials:

Instructional videos, video camera instruction, clubs (provided). Green fees may apply.

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" at this link: <https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.