

Department:

Physical Education

Course Description:

This course provides instruction in the basic skills, fundamentals, rules, safety practices, and techniques related to the leisure sport of target archery, with emphasis on the acquisition of skills.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Summarize the basic safety aspects of target archery.
2. Demonstrate and use proper archery shooting technique.
3. Define and explain common archery terminology.
4. Achieve consistent accuracy in target shooting.
5. Correctly and safely provide maintenance to the archery equipment.

Course Content:

- A. Safety and instruction
 1. Rules
 2. Techniques
- B. Acclimation to the equipment
- C. Shooting
- D. The art of aiming
- E. Shooting games
 1. Tic Tac Toe
 2. Balloon pop
 3. Card games
- F. Groupings and final lessons

Learning Assessments:

Students will be evaluated by written exams on rules, history, terminology, strategies, skills tests, class discussion, attendance, and participation.

Instructional Materials:

None

**Guidelines for Requesting Accommodations Based on
Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the “Disabilities Self-Identification Form” at this link:
<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.