

Department:

Physical Education

Course Description:

This course provides instruction and practice in the basic skills, fundamentals, rules, and strategies of the game of tennis.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Explain the basic rules of tennis.
2. Define, explain, and use common tennis terminology.
3. Adhere to safety practices on the tennis court.
4. Apply game strategies for singles tennis.
5. Use the forehand and backhand grips.
6. Demonstrate effective use of the fundamental strokes of tennis: ground strokes, serve, return, volley, lob, smash.
7. Demonstrate effective footwork while playing tennis.

Course Content:

- A. Introduction to the Game of Tennis
- B. The Skills of Tennis
- C. Patterns of Play
- D. Rules of Tennis
- E. The Unwritten Rules
- F. Terminology
- G. Practice

Learning Assessments:

Course competencies will be assessed by written exams, skills tests, game performance, participation, and a final exam.

Instructional Materials:

Tennis, Johnson, Xanthos, 8th Ed., McGraw-Hill, 2002. ISBN-13: 978-0072353853

**Guidelines for Requesting Accommodations Based on
Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the “Disabilities Self-Identification Form” at this link:
<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.