

Department:

Physical Education

Course Description:

This course introduces the general concepts of rules and officiating in football and volleyball. The course will include a brief history of the rules as well as fundamental officiating techniques.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Summarize the rules of football and volleyball.
2. Demonstrate the officiating signals used in football and volleyball.
3. Describe the historical development of football and volleyball and explain how changes have led to rules modifications.
4. Describe the regulations governing officials at various levels of competition.
5. State and defend opinions on proposed rule changes.

Course Content:

- A. Rules in Football
 1. History and trends
 2. Levels of competition
 3. Current rules and proposed changes
- B. Officiating Football
 1. History
 2. Governing body
 3. Signals
- C. Rules in Volleyball
 1. History and trends
 2. Levels of competition
 3. Current rules and proposed changes
- D. Officiating Volleyball
 1. History
 2. Governing body
 3. Signals

Learning Assessments:

Course competencies will be assessed by written papers, class participation, and exams.

Instructional Materials:

NCAA Football Rules and Interpretations
NCAA Women's Volleyball Rules and Interpretations
Videos

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" at this link:

<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.