



Department:

Health Science

Course Description:

This course is based on the Kansas Department of Health and Environment (KDHE) Certified Nurse Aide Curriculum Guidelines (90 Hours) and prepares individuals to take the State certification exam. The course focuses on the responsibilities of the nurse aide working as a member of the health team in caring for residents of long term care facilities. The course includes some basic anatomy and physiology, plus information on communicating with others. The teaching/learning of skills such as measurement of vital signs and procedures that help meet the hygiene, nutrition and rehabilitation needs of older individuals is also included. Upon successful completion of both the course and the State exam, the individual will be a Kansas Certified Nurse Aide (CNA).

Course Competencies:

Upon completion of this course, the student will be able to meet the objectives listed in the KDHE Certified Nurse Aide Curriculum for each of the following topics:

- Working in an Adult Care Home
- Basic Communication Skills
- Communicating with the Confused Resident
- Principles of Body Mechanics
- Safe Use of Mechanical Devices
- Infection Prevention and Control
- Basic Nursing Care: The Resident's Unit
- Observing and Measuring Vital Signs
- Safety
- Cleanliness and Grooming
- Nutrition and Fluids
- Elimination
- Basic Human Needs
- Possible Losses Due to Aging
- Caring for the Confused or Withdrawn Resident
- Sexuality in Aging
- Caring for the Dying Resident
- Physical Changes Accompanying Aging
- Complications of Immobility and Prevention



Rehabilitative/Restorative Care
Special Procedures
Urinary Elimination
Bowel Elimination
Observing, Recording and Reporting
The Resident's Care Plan
First Aid in the Adult Care Home
Fire Prevention and Safety: Tornado Preparedness

Course Content:

- A. Working in an Adult Care Home
- B. Basic Communication Skills
- C. Communicating with the Confused Resident
- D. Principles of Body Mechanics
- E. Safe Use of Mechanical Devices
- F. Infection Prevention and Control
- G. Basic Nursing Care: The Resident's Unit
- H. Observing and Measuring Vital Signs
- I. Safety
- J. Cleanliness and Grooming
- K. Nutrition and Fluids
- L. Elimination
- M. Basic Human Needs
- N. Possible Losses Due to Aging
- O. Caring for the Confused or Withdrawn Resident
- P. Sexuality in Aging
- Q. Caring for the Dying Resident
- R. Physical Changes Accompanying Aging
- S. Complications of Immobility and Prevention
- T. Rehabilitative/Restorative Care
- U. Special Procedures
- V. Urinary Elimination
- W. Bowel Elimination
- X. Observing, Recording and Reporting
- Y. The Resident's Care Plan
- Z. Admitting or Discharging a Resident
- AA. First Aid in the Adult Care Home
- BB. Fire Prevention and Safety: Tornado Preparedness
- CC. Kansas Adult Care Home Regulations



Learning Assessments:

Class participation, homework assignments, practice of skills, performance of skills in the clinical setting, and tests will be used to evaluate student learning. The CNA course is divided into Part I and Part II. Part I is comprised of lecture and lab/classroom activities. Upon the completion of the first 40 hours of this course, students will satisfactorily demonstrate competency in the care skills listed in “Part I” of the Competency Skill checklist. Part II is comprised of lecture and clinical experiences with residents.

Attendance: Attendance is required. You must meet the 90 hours required by the State to become a Certified Nurse Aide. It is essential that you notify the instructor as soon as possible of any emergency requiring your absence from class.

State Examination: The competency in the training of nurse aides is measured through the State written/oral examination. The State examination is given at an independent site at the completion of the training course. Any trainee who successfully completes the HCC nurse aide course is eligible to take the written/oral examination. The examination will consist of 100 multiple choice items. Each trainee will have two hours in which to complete the examination. A score of 70% or greater constitutes a passing score.

Instructional Materials:

KDHE Certified Nurse Aide Curriculum Guidelines (90 Hours)

Mosby’s Textbook for Nursing Assistants, Sheila A. Sorrentino RN, MSN, PhD, 7th Edition, Elsevier. ISBN 9780323053679

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.



HIGHLAND COMMUNITY COLLEGE
606 W. MAIN HIGHLAND, KS 66035

NUR 201 – Certified Nurse Aide
Prerequisite: Program Coordinator Approval
6 Credit Hours

On-Campus Students: At enrollment, any on campus student may complete a form that will allow them to self-identify any disability.

Off-Campus Regional Students: Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor, preferably prior to the first class meeting.

Online Students: Self-identify your disability and accommodation needs by contacting the Disabilities Coordinator. Students must provide their own programs to allow accessibility on their home computer.

Any student may also identify their disability by completing an online form located on the HCC homepage under Students Services/Resources/Disabilities. Questions should be directed to the Disabilities Coordinator.