

HMS 112 Home Visitor I ECH Prerequisite: HMS 100 3 credit hours (Lecture)

Department:

Human Services

Course Description:

This course will cover all areas of child development and will focus on the skills and knowledge professionals need to help parents meet the changing needs of their infants, toddlers and preschoolers. The course will emphasize getting to know and being sensitive to the community where families live. In the course, students will complete a Home Visitor Child Development Associate (CDA) professional resource file and will also observe a program director, advisor, and a parent community representative in preparation for CDA credentialing.

Course Competencies:

Upon completion of the course, the student should be able to:

- 1. List the six competency goals and 13 functional areas of study for the Home Visitor CDA credential.
- 2. Write a competency statement for each of the CDA goals.
- 3. Develop a Home Visitor professional resource file with at least 17 resources.
- 4. Observe the work of a program director, advisor, and a parent community representative and provide a written report of these observations.
- 5. List and explain appropriate Home Visitor behaviors.

Course Content:

- A. Promoting health and safety in the home environment
 - Safety
 - 2. First Aid
 - 3. Health and wellness
 - 4. Nutrition
- B. Enhancing parents' skills to advance children's physical and intellectual development
 - 1. Large and small muscle development
 - 2. Discovery
 - 3. Creative Arts
 - 4. Literacy
 - 5. Child development 0-5 years
- C. Promoting parents' use of positive ways to support children's social and emotional development
 - 1. Auto-regulation
 - 2. Self Esteem
 - 3. Independence
 - 4. Responding to stressful events



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- D. Understanding family systems and development
 - 1. Cultural influences on child development
 - 2. Goal setting
 - 3. Special families
 - 4. Responding to stress
 - 5. Parent skill development

Learning Assessments:

Course competencies will be assessed by resource collection, organization and completion of the professional resource file, and competency goals statements.

Instructional Materials:

Home Visitors, 2nd Ed., Council for Professional Recognition, 2012. ISBN-10: 0-9820805-5-7 ISBN 13: 978-0-9820805-5-9

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" at this link: https://highlandcc.edu/pages/disability-services.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.

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