Department:

Psychology

Course Description:

This general survey course provides a broad background in the principles and applications of scientific psychology. The course will focus on the principles and proponents of psychological theories and methods of scientific inquiry, as well as the biological basis of behavior, including physiology of the brain and nervous system and the accompanying sensory systems and perceptual processes. The course also covers learning theories and cognitive processes, theories and applications of motivation and emotion, the major phases of human life span development, and the major theories of personality, including disorders, treatments, therapies and how human interaction is influenced by the individual, group, and environment.

Course Competencies:

The learning outcomes and competencies detailed in this syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Groups for this course as approved by the Kansas Board of Regents. (Kansas Regents Shared Number Course and Title: KRSN Course PSY 1010 Introduction to Psychology.)

Upon completion of the course, the student should be able to:

1. Identify historical foundations and current trends in psychology.
2. Access information on the principles and major proponents of psychological theories using accepted methods of scientific inquiry.
3. Explain the biological basis of behavior, including physiology of the brain and nervous system and the accompanying sensory systems and perceptual processes.
4. Explain learning theories and cognitive processes.
5. Describe theories and applications of motivation and emotion.
6. Describe the major phases of human life span development.
7. Identify and describe the major theories of personality.
8. Identify the major disorders and explain their treatment or therapy.
9. Specify how the individual, groups, and the environment influence social interaction.
10. Explain what it means to live in a diverse world.
11. Write more proficiently.
12. Access the Internet to find relevant research information.
Course Content:

A. Introduction
B. Psychology and Science
C. The Brain, Nervous System, and Behavior
D. Sensation and Perception
E. States of Consciousness
F. Classical Conditioning
G. Operant Conditioning
H. Memory
I. Development
J. Personality Theories
K. Health, Stress, and Coping
L. Anxiety Disorders
M. Mood Disorders and Schizophrenia
N. Social Behavior

Learning Assessments:

Learning will be assessed through the use of examinations as well as a comprehensive final. Additional learning assessments may include pop quizzes, classroom discussion, and written assignments.

Instructional Materials:


Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students must complete the “Disabilities Self-Identification Form” at this link: https://highlandcc.edu/pages/disability-services.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.