Department:

Practical Nursing

Course Description:

This course utilizes the nursing standards of practice based on biological, psychosocial, spiritual, and cultural standards to meet the needs of clients throughout the lifespan. The course will emphasize basic nursing skills, patient safety, and therapeutic communication. Concepts and skills are enhanced in subsequent courses.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Explain the scope of practice for the practical nurse.
2. Apply basic therapeutic communication techniques.
3. Identify the steps of the nursing process.
4. Apply ethical and legal concepts in health care.
5. Identify the basic principles of client assessment.
7. Identify the standards of nursing care related to biological, cultural, spiritual, and psychosocial needs of clients throughout the lifespan.
8. Identify the standards of nursing care related to nutrition and hydration of clients throughout the lifespan.
9. Identify the standards of nursing care related to exercise and activity of clients throughout the lifespan.
10. Identify the standards of nursing care related to elimination needs of clients throughout the lifespan.
11. Identify the standards of nursing care related to hygiene of clients throughout the lifespan.
12. Identify the standards of nursing care related to safety of clients throughout the lifespan.
13. Identify the standards of nursing care related to oxygenation of clients throughout the lifespan.

Course Content:

A. Introduction to Nursing
B. Cultural Diversity
C. Health and Illness
D. Stress and Adaptation
E. Nursing Theory and Research
F. Values, Ethics, and Advocacy
G. Legal Implications of Nursing  
H. The Nursing Process  
I. Nursing Documentation  
J. Basic Nursing Skills  
K. Infection Control  
L. Health Assessment  
M. Urinary and Bowel Elimination  
N. Fluid and Electrolytes  
O. Oxygenation

Learning Assessments:

Course competencies will be assessed by use of tests, quizzes, assignments, participation, and comprehensive final exam (or ATI comprehensive test). Grading scale: A 94-100%, B 87-93%, C 80-86%, F 0-79%.

Instructional Materials:

Fundamentals of Nursing Care: Concepts & Skills, Burton, Ludwig, 2nd Ed., FA. Davis  
ISBN: 978-0-8036-3974-4  
Study Guide Fundamentals of Nursing Care: Concepts & Skills, Burton, Ludwig, 2nd Ed., FA. Davis  
ISBN: 978-0-8036-3975-1  
Nurse’s Pocket Guide by Doenges, Moorhouse, Murr, 13th Ed., FA Davis  
ISBN: 978-0-8036-2782-6  
Davis’s Comprehensive Handbook of Laboratory and Diagnostic Tests with  
Taber’s Medical Dictionary, 22nd edition (FA Davis) ISBN: 978-0-8036-2977-6  
Lippincott’s DocuCare (Electronic Health Record Software) ISBN: 9781451186871  
ATI Skills Modules and Comprehensive Testing and Review Package for LPNs (Web based)

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students must complete the “Disabilities Self-Identification Form” at this link:  
https://highlandcc.edu/pages/disability-services.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.