I. Course Number and Title:

A. PE132 Snow Skiing
B. Prerequisite: none
C. Credit Hours: 1

II. Department:

Physical Education & Social Sciences

III. Course Description:

PE132 is an introductory course to the sport of snow skiing. Materials covered will include skiing safety, use of ski equipment, use of ski rope and chair lifts, skiing etiquette, and the basic skiing fundamentals. The students will apply basic skills at the Snow Creek Ski Resort.

IV. Course Competencies:

Upon completion of this course the student will be able to:

1. Display proper etiquette when skiing
2. Display and demonstrate proper skiing techniques
3. Understand and list skiing safety procedures
4. Demonstrate proper use of ski equipment
5. Demonstrate proper entry and exit techniques of ski rope and chair lifts

V. Grading Procedure:

Your grade will depend on skills, attendance, and participation. Attendance does mean getting in the van and going and you must ski once you get there. Sitting in the lodge does not count. You will be given one unexcused absence. After that you will drop a letter grade. Careful consideration will be given in some circumstances.

VI. Instructional Materials: Video: Downhill Skiing Basics: HCC Library, VC 91308 Snow Creek Ski Instructors

**Guidelines for Requesting Accommodation Based on Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.
On-Campus Students: At enrollment all on campus students will complete a form which will allow them to self-identify any disability. Questions should be directed to the Disabilities Coordinator.

Off-Campus Regional Students: Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor preferably prior to the first night of class or early in the semester.