Department:

Allied Health

Course Description:

Prepares the individual to at in the role of a Certified Home Health Aide in a home setting. The course identifies the specific Responsibilities and functions of the Certified Home Health Aide as a member of the Health Care Team. Using a holistic approach, this course focuses on the client’s physical, psychological, social, and spiritual needs. Included in the role of the family and the caregiver in meeting the client’s needs.

Course Competencies:

This course will teach students the role and responsibilities of a Home Health Aide and how they are a team member of Health Care System. Students will learn about the home health care agency, working with people, home, management, nutrition and meal preparation, adapting personal care activities in the client’s home, mother and baby care, observing the client’s medication, special procedures and emergency care.

Course Content:

A. Orientation to Home Care
   1. Function of a Home Health Agency
   2. Organization of Home Health Agency
   3. Agency Personnel
   4. Development and use of care plan
   5. Legal and ethical aspects of working with Home Health

B. Working with People
   1. Goals of the home health aide for providing care in the client’s home
   2. Types of behavior which may occur in reaction to stress, including approaching death
   3. Appropriate responses of aide to behavior resulting from stress
   4. Types of behavior which a child may display when his security is threatened.
   5. Change in the home which may cause behaviors
   6. Role of the Home Health aide in working with children
   7. Characteristics of mental health
   8. Role of the home health aide in situations where there is mental illness
9. Definition of developmental disability: Severe, chronic, mental or physical disability occurring before adulthood, which may necessitate care for an extended duration.
10. Role of the home health aide in working with the developmentally disabled person and family
11. Characteristics of parents who abuse children
12. Indications of abuse
13. What is the aide’s responsibility if abuse in the home is suspected.

C. Home Management
   1. Guidelines for maintaining a clean, safe, healthy environment.
   2. Housekeeping
   3. Laundry

D. Nutrition and meal preparation, Importance of adequate nutrition, basic food groups, daily recommended amounts of the basic four food groups, meal planning, and purchasing of food
   1. Storing food
   2. Preparing and handling food safely
   3. Foods to be avoided on modified diets

E. Adapting Personal Care Activities in the Client’s Home
   1. Bedmaking
   2. Mobility
   3. Bathing
   4. Washing hair in bed
   5. Measuring intake and output
   6. Feeding
   7. Dressing
   8. Communicating
   9. Obtaining equipment

F. Mother and Baby Care
   1. Role of the home health aide in caring for mother and baby
   2. Preparing a bottle for feeding
   3. Feeding and burping a baby
   4. Bathing the baby
   5. Care of umbilical cord
   6. Care of a new circumcision
   7. Diapering a baby
   8. Safety principles for infant care
   9. Signs of potential infant health crisis which should be reported

G. Observing Client’s Medication
   1. Role of the Home Health Aide in assisting the client with medication
   2. Storing medication safely
NUR209 - Home Health Aide
Prerequisite: Certified Nurse Aide Certification or Currently Enrolled in a Certified Nursing Home Aide course, completion of ASSET Reading Test (State Requirement)
2 Credit Hours

3. Disposing of old medication safely
4. Assisting with oxygen (O2) therapy

H. Special Procedures and Emergency Care
1. Procedures
   a. Technique for changing a nonsterile dressing.
   b. Caring for a cast
   c. Caring for a prosthesis or brace
   d. Use of Vaporizer or humidifier
2. Emergency Care
   a. Fire evacuation
   b. Assisting a child an obstructed airway
   c. Diabetic Emergency
   d. What to do when no one responds to knock at client’s door.

Learning Assessments:

Pre- and post-tests will be used as an evaluation tool. Students will be prepared to take the state exam.

Instructional Materials:


Kansas Home Health Aide Curriculum Guidelines, Kansas Department of Health & Environment.

Other Instructional materials may be added at the instructors discretion. Include required textbooks and other materials.

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely
manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

On-Campus Students: At enrollment, any on campus student may complete a form that will allow them to self-identify any disability.

Off-Campus Regional Students: Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor, preferably prior to the first class meeting.

Online Students: Self-identify your disability and accommodation needs by contacting the Disabilities Coordinator. Students must provide their own programs to allow accessibility on their home computer.

Any student may also identify their disability by completing an online form located on the HCC homepage under Students Services/Resources/Disabilities. Questions should be directed to the Disabilities Coordinator.