Department:

Health Science

Course Description

This course provides the individual with the skills necessary to perform rehabilitative and restorative procedures in a nursing home under the supervision of a registered physical therapist and the licensed nursing staff. These skills include range of motion, ambulation, and daily living training.

Course Competencies:

This course will enable the properly motivated and capable participant to:

1. Define rationale, philosophy, policies, personnel and regulations unique to geriatric rehabilitation care in nursing homes.
2. Describe basic human anatomy applicable to the rehabilitation role with emphasis placed upon normal function and structure.
3. Discuss basic bio-psycho-social needs typical of most nursing home clients needing restorative nursing.
4. Discuss common medical problems encountered during restorative nursing.
5. Demonstrate those procedures and treatment methods most often used in the restorative aide role.
6. Exhibit and discuss those office procedures, forms, scheduling and communication necessary in performing duties as a restorative aide.

Course Content:

A. Documentation
B. Anatomy
C. Disorders, Diseases and Treatment
D. Dressing, positioning
E. Exercise
F. Mobility Issues (wheelchairs, ambulation, patient handling, modalities)

Learning Assessments:

Written exams, practical exams, written reports and call participation will be used to assess student performance.
Instructional Materials:

Restorative Aide Training Manual (2002), Kansas Physical Therapy Association

Other Instructional materials may be added at the instructor’s discretion.

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

On-Campus Students: At enrollment, any on campus student may complete a form that will allow them to self-identify any disability.

Off-Campus Regional Students: Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor, preferably prior to the first class meeting.

Online Students: Self-identify your disability and accommodation needs by contacting the Disabilities Coordinator. Students must provide their own programs to allow accessibility on their home computer.

Any student may also identify their disability by completing an online form located on the HCC homepage under Students Services/Resources/Disabilities. Questions should be directed to the Disabilities Coordinator.